

WHAT EFFECT DOES SOCIAL AND EMOTIONAL LEARNING HAVE ON ELEMENTARY
STUDENTS USING THE SECOND STEP CURRICULUM?

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A capstone project submitted in partial fulfillment of the requirements for a degree of Masters of
Education

Hamline University

St. Paul, Minnesota

Fall 2020

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SUMMARY OF CAPSTONE PROJECT

This paper provides a detailed explanation of the project developments, based on current literature and personal experiences, and driven by the question: *What effects does social and emotional learning have on elementary students using the Second Step Curriculum?* This project seeks to meet the needs of educators who seek to learn more about social-emotional learning and Second Step curriculum in the classroom. The project is a one-hour professional development. The professional development presents participants with why someone should teach social-emotional learning skills to elementary students, followed by sharing the resources Second Step Curriculum resources. The PD takes them step by step through their Second Step binder/box. Each binder box has picture lesson cards with step by step instruction, a teaching materials binder that goes along with the lesson cards with printables for take-home worksheets and in-class practice sheets, posters, and puppets. Then I show them the online resources available. Ending the PD with time for participants to explore, plan, and implement a lesson into their classrooms. During the PD there will be a handout on a quick guide to understanding Second Step resources available.

The intended audience for this project is elementary educators. The professional development is to be used with primary elementary teachers, but can also be used with supporting staff. You will want to make sure that you have the Second Step Curriculum bought for your staff to interact with during this professional development. The reason for choosing elementary educators is because the evidence shows that teaching SEL to elementary students can have many positive effects on them. The other reason is that the school I represent as an educator bought Second Step Curriculum three years ago. If needed you can adjust parts of the

professional development to support middle school educators on the Second Step curriculum above 4th grade.

OVERVIEW OF PROFESSIONAL DEVELOPMENT PROJECT

[Agenda](#)

An agenda for an hour-long professional development for educators at an elementary school.

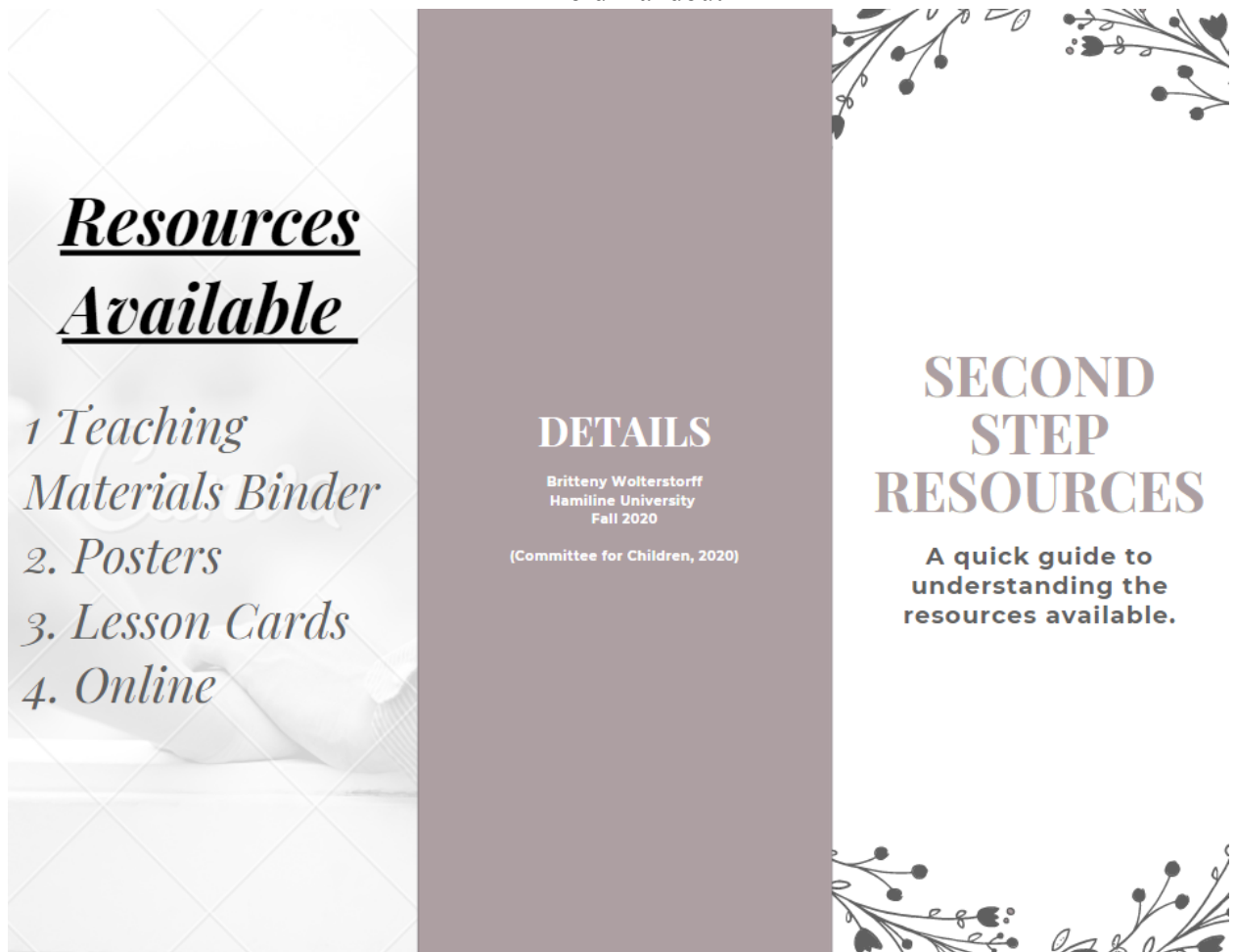
[Google Slides](#)

The google slides take you first through activity, then information on why one should teach social-emotional learning, next the resources Second Step has to teach a lesson to students, finally time for planning a lesson.

[Script](#)

This script guides you through what to say and do for each slide of my presentation.

Tri-Fold Handout



Lesson Cards

- Warm-up
- Brain builder activity
- Script of story lesson
- Warp-up
- Picture to connect the story lesson and engage students.



Teaching Materials Binder

- Online activation key
- DVD and CD
- Scope and Sequence
- Lesson concepts for each lesson.
- Daily Practice for each lesson
- Brain Builder activity instructions.
- Home link worksheets.
- In class handouts.

Posters

- Poster to support skills taught for each skill area.



Online

- PDF's of handouts and home link worksheets.
- Streaming Lesson Media
- Lessons pictures in presentation form.
- Videos for lessons
- Songs for lessons
- Script for lessons
- Spanish Resources

Puppets

- Puppets to support interactive learning for younger grades.

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